

## FORM 7

### MONTHLY PROGRESS REPORT

Name of CNSX Issuer: Valterra Resource Corporation (the "Issuer").

Trading Symbol: VTA

Number of Outstanding Listed Securities: 37,832,543

Date: September 3, 2010 (for the month of August, 2010)

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by the CNSX Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the CNSX.ca website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the CNSX Policies. The discussion in this report must be factual, balanced and non-promotional.

#### **General Instructions**

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

#### **Report on Business**

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

**In August 2010, the Issuer conducted field operations on all of its current projects as follows:**

- **Star Project (Star and Toughnut Au-Ag-Cu claims): Continued core logging and sampling was carried out through most of the month. A total of 921 samples were collected from the seven 2010 diamond drill**

holes and the final shipment was freighted to Acme Labs in Vancouver on August 22<sup>nd</sup>. Approximately, 30% of the fire assay gold and multi-element ICP analyses have been received; further returns are expected to continue into the month of September. Also, an extensive differential GPS surveying program was implemented by the Issuer. The survey should establish important location and elevation control on the 75 drill collars completed by several companies over a 25-year period.

- **Swift Katie (Cu-Au)** - Currently under option to Tosca Mining Corp.: From August 1<sup>st</sup> to the 8<sup>th</sup>, the Issuer conducted a diamond drilling campaign that totalled 786 metres in two NQ2-sized holes. Drilling targeted anomalies identified at the 17 and Roaring zones and a total of 422 core samples were logged. The sampling/core-cutting is ongoing, and approximately 25% of the samples have been shipped to the laboratory. The Issuer anticipates receiving the first set of assay results during the latter part of September.
- **Rozan (Au-Ag-Pb-Zn)**: Newly acquired in January 2010, the work described herein represents the Issuers inaugural field investigation for the historical project. In August, a field site visit was conducted, and possession was taken of some of the historical drill core collected originally by others in 2000 and 2007. The field visit was conducted on August 18<sup>th</sup> and included the collection of three grab samples for assay, as well GPS control was established for the drill sites, some of the historical mine workings, and the grid baseline. On August 27<sup>th</sup>, the Issuer transported two of the historical core holes to the companies Salmo-based core shack. Approximately 256 metres of core was re-logged and several select samples were outlined for analyses; the cutting and sampling portion of which is ongoing.

2. Provide a general overview and discussion of the activities of management.

**Management continues to seek out new mineral resource opportunities.**

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

**None.**

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

**None.**

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

**None.**

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

**None.**

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

**None.**

8. Describe the acquisition of new customers or loss of customers.

**Not applicable.**

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

**Not applicable.**

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

**None.**

11. Report on any labour disputes and resolutions of those disputes if applicable.

**None.**

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

**None.**

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

**None.**

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds <sup>(1)</sup>
N/A			N/A

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

**None.**

16. Provide details of any changes in directors, officers or committee members.

**None.**

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

**In recent months, the securities markets in Canada and elsewhere have experienced a high level of price and volume volatility and the market prices of securities of many public companies have experienced significant fluctuations in price which have not necessarily been related to the operating performance, underlying asset values or prospects of such companies. It may be anticipated that any quoted market for the Issuer's securities will be subject to such market trends and that the value of such securities may be affected accordingly.**

## Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: September 3, 2010

Arie Page  
Name of Director or Senior  
Officer

"Arie Page"  
Signature

Corporate Secretary  
Official Capacity

<b><i>Issuer Details</i></b> Name of Issuer	For Month End	Date of Report YY/MM/DD
<b>VALTERRA RESOURCE CORPORATION</b>	<b>August</b>	<b>10/09/03</b>
Issuer Address <b>1100-1199 West Hastings Street</b>		
City/Province/Postal Code <b>Vancouver, B.C., V6E 3T5</b>	Issuer Fax No. <b>(604)688-4670</b>	Issuer Telephone No. <b>(604)684-9384</b>
Contact Name <b>Arie Page</b>	Contact Position <b>Secretary</b>	Contact Telephone No. <b>(604)684-9384</b>
Contact Email Address <a href="mailto:apage@mnx ltd.com">apage@mnx ltd.com</a>	Web Site Address <a href="http://www.valterraresource.com">www.valterraresource.com</a>	