

**COUGAR MINERALS CORP.  
410 – 890 WEST PENDER STREET  
VANCOUVER, BC  
V6C 1J9**

**Tel: (604) 685-6989**

**Fax: (604) 685-6961**

## **Cougar Grants Options**

**Jan 11, 2010 – Cougar Minerals Corp. – CNSX Trading Symbol: COU (the “Company”)** has granted incentive stock options pursuant to its stock option plan to directors, officers and qualifying employees and consultants to purchase up to 1.1 million shares at an exercise price of 13 cents per share for a period of five years from the date of grant.

**COUGAR MINERALS CORP.**

*s/“Mike Elson”*

**Mike Elson**

President

*The Canadian National Stock Exchange has neither approved nor disapproved of  
the contents of this press release.*